

NEW ENGLAND REGION

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March 19, 2013

The Honorable Terry B. Gerratana and Susan M.Johnson, Chairs, and Members Public Health Committee Room 3000, Legislative Office Building Hartford, CT 06106

RAISED BILL 1068: An Act Concerning Care Coordination for Chronic Disease

Dear Senator Gerratana, Representative Johnson and Members of the Public Health Committee:

The Arthritis Foundation supports the proposals in Raised Bill 1068 to develop a plan to reduce the incidence and impact of chronic disease in the state and to improve care coordinator.

However, we are dismayed that arthritis is not listed as one of the targeted chronic diseases We encourage the Committee to add arthritis to the list of chronic diseases for the following reasons:

- Arthritis is the leading cause of disability, according to CDC².
- 617,000 adults or 23% of the state's adult population has doctor-diagnosed arthritis, according to newly released CDC estimates¹
- By 2030, the number of adults with doctor-diagnosed arthritis in the state will increase to 731,000³
- 47% of adults with diabetes also have arthritis
- 39% of adults with hypertension also have arthritis
- 32% of obese adults also have arthritis

Why is the increasing prevalence and co-morbidity of arthritis important to address? Arthritis is the major cause of activity limitation and a major contributor to activity limitation in diseases such as diabetes and hypertension. If the proposed plan to reduce the incidence and impact of chronic disease does not include arthritis, it will have a limited impact.

Thank you for your consideration.

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¹CDC, 2013 unpublished.

²Hootman J, Hemlick CG: Projections of US prevalence of arthritis and associated activity limitations. *ArthRheum* 54:226-229, 2006.

³CDC. Projected state-specific increases in self-reported doctor-diagnosed arthritis and arthritis-attributable activity limitations-United States, 2005-2030. *MMWR* 56: 423-425, 2006.